

VISION **XT**



Trend byte

# Revel/Unravel

*Unlearning habits, breaking patterns*



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Artwork by Tanisha Tiwari

# Revel/Unravel

*Breaking and building change from the ground up*

The world seems to be going through multiple upheavals, in political as well as social spheres. A lot of the change that is either being actively sought after, or that has been thrust upon us because of the pandemic. Aided by the hyperconnectivity afforded by the internet, these changes have had the chance to grow in a more structured way with clearer goals than ever before.

These changes are large and systemic and they are aiming to undo generational habits and traditions, which have settled comfortably as the status quo. The first step is to recognise these old habits as they are, without thinking that's the norm or the default. **'Educativism'** aims to do just that, helping to relook at things in a different light and to understand that they are not as normal as they seem.

**'Parti/shunning'** goes to the next step. There are invisible boundaries society is structured by, that have developed brick by brick through the ages. And they are now being shifted, remade. Some new boundaries are being set up, some old ones are being done away for good.

# Educativism

*Curation and publication of resources for education and re-education*

The journey towards great change cannot start without knowledge. There has been an explosion in resources, especially on the internet, that provides bare facts about notions that have been taken for granted for years, or that provide a platform for nuanced discourse over topics that have only recently begun being talked about at such a large scale collectively.

The content ranges touches both personal level changes, as well as broader social changes – one might talk about how to recognize red flags in a relationship, another might talk about systemic police violence. Some are simple guides and instructions. What binds them together is that they're all progressive, and almost radical. The goal is to create awareness, and through that, lend agency. These ideas seek to critically analyse and challenge everything, even the ideas that seem to have been ingrained in society since its inception – that almost seem to be unchangeable.

(Clockwise from top)

Akadem Mag – article about LGBTQ rights in the context of casteism in India [Your Rainbow Doesn't Hide Your Casteism](#)

Bhavya Kulshreshtha – Instructional article – mental health is hardly a common topic in family discussions [@adeclarationofsentiment](#)

Swaddle – online publication about toxicity in a joint family, which is considered the traditional family setup, and has been mostly been idealized in media  
Sangya Project – article about heteronormativity, that outlines aspects of society that have long been mislabeled as default in order to marginalize homosexuality  
[@sangyaproject](#)



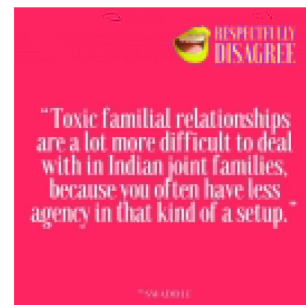
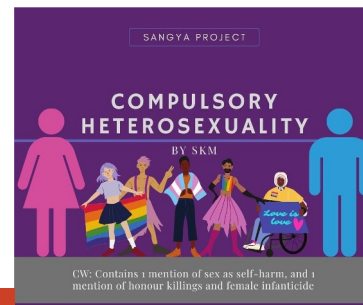
Gender

## Your Rainbow Doesn't Hide Your Casteism

## How to talk to your Family about your Mental Health

Part 1

Bhavya Kulshreshtha  
[@adeclarationofsentiment](#)



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# Parti/shunning

Questioning and blurring the lines that separate and bind

Old divisive boundaries are being demolished, and newer boundaries are being set up keeping in mind individual comforts and health, over ageing ideas of sanctity. Boundaries are being set in many kinds of social relationships that prioritize the individual comfort, rather than subscribing to traditional ways. It's no longer rude to simply refuse, people are being urged to reconsider toxic habits that they had been settling for, for the sake of 'that's just how it is'. Newer and more considerate rules are being set up that put the person in the forefront, rather than social rules.

One the flip side, people are toeing lines that have demarcated socially constructed areas for centuries, with growing ease. Ideas of gender binaries is being actively questioned and divisions around communal lines are being relooked at - and the only question that seems to be remaining is that do we need these divisions at all. Work and life has reduced to the same area since the onset of the pandemic, and that too has blurred lines giving rise to relaxed rules around work outfits and workplace decorum. Morning calls in a hoodie are okay, as are cats walking across your Zoom call.

(Clockwise from top)

'Okay to Say No' [@itsnata](#)

Badhaai Ho, Shubh Mangal Zyada Savdhaan - tackling normative romance, and

normative child-bearing [SMZS Badhaai Ho](#)

Gaurav Gupta - Fashion show featuring members of the LGBTQ community and

celebrating 'love across boundaries' [Name Is Love](#)

Unlearning the idea of idealistic respect towards family [Shaurya Gahlawat](#)

Faraz Arif Ansari - Sheer Qorma - film featuring a non-binary person, but also directed by an openly non-binary person [Breaking Gender Binaries](#)



@itsnata



Shaurya Gahlawat  
@GahlawatShaurya

Reminder:  
Not everything is about or because  
of your parents.





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